

Nursing Survey on Patient Handling Tasks

What are the most physically demanding duties you perform when working with residents? For each of the following, mark the answer that best describes how much effort is required. For any task that you do not perform, mark the box, "Do not do this task."

		Do not do this task	Not at all heavy	Somewhat heavy	Very heavy
1.	Transferring residents from toilet to chair or chair to toilet				
2.	Transferring residents from chair to bed or bed to chair				
3.	Transferring residents from bathtub to chair or chair to bathtub				
4.	Transferring residents in and out of shower				
5.	Transferring residents from chair to chair (for example, transfer between shower chairs, wheelchairs, and chairlifts)				
6.	Weighing residents				
7.	Lifting or sliding residents into bed				
8.	Turning residents in bed				
9.	Repositioning residents in chair				
10.	Making bed with resident in it				
11.	Undressing resident				
12.	Tying supports				
13.	Feeding bed-ridden resident				
14.	Making bed when resident is not in it				
15.	If you perform other physically stressful tasks that are not listed, please list them below and check the box that best describes the level of difficulty				

Source for Case 1: Collins J, Wolf L [2001]. Intervention program for transferring residents in nursing homes. Washington, DC: Presentation to the 2001 National Occupational Research Agenda Symposium.